

# HERB FAIR '09 PROGRAMME

## Schedule

- 8:30 – Registration starts  
9:45 – Opening circle  
10:30 – 11:30 – Workshop Series One\*  
11:30 – 12:30 – Lunch  
12:30 – 1:30 – HANS Annual General Meeting  
1:45 – 2:45 – Workshop Series Two\*  
3:00 – 4:00 – Workshop Series Three\*  
4:15 – Silent Auction Closes  
4:30 – Closing Circle and Giveaway

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## **Lunch**

A delicious vegetarian lunch will be available for \$10 if desired. **Please order by Aug. 5th.** Or, bring your own lunch (water and herbal teas provided).

**NOTE:** Please bring your own bowl, mug & utensils.

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## **Closing Circle and Giveaway**

There will be a giveaway at the Closing Circle - please bring something herbal with you to share.



## Workshops:

- Traditional Herbal Medicine
- Herbal plant walks
- Medicine making
- Plant spirit medicine

For more information on workshops

Check the HANS website:

**[www.herbalns.org](http://www.herbalns.org)**

Or call:

**Jeanette Poirier 902-531-3828**

**[herbalwizdom@hotmail.com](mailto:herbalwizdom@hotmail.com)**

## Registration

Advance registration is highly recommended as space is limited

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Are you a current HANS member?    Yes    No

Do you plan to attend the AGM?    Yes    No

## Registration Fees

HANS Members                      \$40

Non-HANS Members                \$65

**HANS membership is only \$25.00 per year**

## Disclaimer:

This is to confirm that I will take full responsibility for my own health and well-being at the HANS Herb Fair and AGM. Should an injury or accident occur during my attendance at this event I take full responsibility and will not hold the land owner, HANS, or individual board and organizing members responsible.

Signature: \_\_\_\_\_

**Send Registration to:** HANS, c/o Jeanette Poirier, P.O. Box 92, Blockhouse, NS B0J 1E0

*The Herbalist Association of Nova Scotia (HANS), was formed in 2002 by a group of herbalists keen to network and educate themselves and the public about the safe and effective use of herbal medicine; the importance of ethical wild gathering; and of safeguarding the ecosystems where local plant medicine grows. HANS has members throughout Nova Scotia and beyond.*

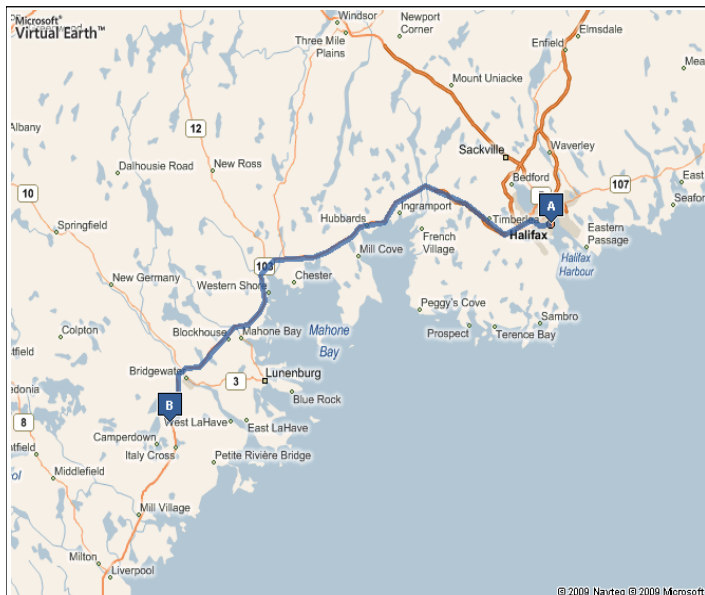
\* \* \* \*

### **Some Workshop Facilitators:**

Savayda Jarone  
John Huszagh  
Michele Graveline  
Akhtar Abbassi  
Laurie Lacey  
Jeanette Poirier  
And others...

\* \* \* \*

**NOTE:** All activities will be held outdoors. Please dress accordingly.



### **Location**

352 Mines Road #2, Hebbs Cross, NS.

(West of Bridgewater. From Hwy 103, turn north on Camperdown Road (flashing light between Exits 13 & 14), then right onto Mines Rd. #2. Distance from Hwy 103 – under 2 km.

- Free camping available on site Friday and Saturday nights.
- Lake nearby accessible for swimming

### Resources/services available nearby:

- Bob & Boys Convenience store and market. Turn right onto Hwy 103
- Blarney Stone restaurant; Ultramar gas station – turn left onto Hwy 103.



*Herbalist Association of Nova Scotia Presents our:*  
**7th Annual Herbal Fair**

***“Cultural Traditions of Herbal Medicine”***

**Saturday, August 8, 2009**  
**8:30 am - 5 pm**

**At the land of Laurie Lacey,  
Ethnobotanist  
352 Mines Road 2, Hebbs Cross  
(just west of Bridgewater)**