Get Involved!
HANS is a volunteer-run organization and relies on the dedication and commitment of its board of directors, committee members and other volunteers to coordinate the many wonderful events and celebrations it offers throughout the year.

Join a Committee
Annual Herb Fair – Help plan and organize the Annual Herb Fair. People with good organizational skills welcome!

Politics & Standards – Help set standards of practice for practitioners. Of interest to professional herbalists and those interested in laws, regulations and standards.

Plant Circles – Plant circles invite a sharing of experiences and ideas around plants. HANS aims to hold one plant circle during each season.

Communications – Help maintain the website and Facebook page and share plant information with the membership and larger community.

Education/Outreach/Membership – Help develop an awareness of HANS and its activities through networking with like-minded groups and through educational offerings such as the annual professional development seminar.

About Herbal Medicine
- Herbal medicine is the traditional medicine of all cultures and is the oldest form of medicine known
- Herbal medicine is still used by over 80% of the world’s population
- Modern science continues to validate many traditional uses of plant-based medicine
- Herbs that are used in their whole form rarely produce side effects when used properly
- Herbs are effective when used in primary and preventative health care, and also for chronic health conditions
- Herbal medicine can be safe and effective when used in combination with other healing practices

Contact HANS
Herbalist Association of Nova Scotia
P.O. Box 31232
Halifax NS B3K 5Y1
admin@herbalns.org
The Herbalist Association of Nova Scotia (HANS), was formed in 2002 by a group of herbalists and herbal students who wanted to see a collective voice and an active herbal community in Nova Scotia.

HANS is a non-profit organization that promotes the knowledge, acceptance and practice of herbalism through education, networking and the celebration of plants.

**Our objectives are:**
- To promote the proper use of plants as medicine
- To promote locally grown herbs and herbal products
- To promote ethical medicinal plant wild-crafting practices and the protection of endangered medicinal plants
- To network with other health groups and practitioners in NS and beyond
- To promote communication and connections among members

**Become a Member of HANS**
- Belong to a like-minded community
- Help herbal knowledge and herbal medicine flourish in Nova Scotia
- Receive information about upcoming events
- Reduced rates on HANS-sponsored events
- Advertise your business or services on our website and at HANS events (small fee)
- Stand for nomination to the Board of Directors (after one year in good standing)
- Volunteer for a HANS committee or project
- Full voting rights at the AGM
- Support United Plant Savers

**Professional Membership benefits**
Practitioner members are herbalists who offer clinical services to the general public. Benefits include those for general members plus:
- Display services at HANS selected events
- Participate in decision-making around standards, procedures and scope of practice for professional herbalists in Nova Scotia
- Listing on the HANS website

Visit us online to find out more: [www.herbalns.net](http://www.herbalns.net)

“Healing,” Papa would tell me, “is not a science, but the intuitive art of wooing nature.” ~W. H. Auden