

## CCHA Scope of Practice

July 24 2013, Nov 20 2013 Ottawa

The practice of herbal medicine is the promotion, maintenance and restoration of an individual's health primarily through the internal and external use of herbal medicines (derived from plants, fungi and algae, or parts thereof), which may or may not include other natural health products.

Herbal Medicines may be harvested, prepared and/or compounded by the herbalist.

Therapeutic requirements for each client are assessed in a manner consistent with the tradition and training of the individual herbalist. Methods of assessment may include but are not limited to case history, physical / visual examinations and the review of diagnostic test results.

Relevant issues including nutrition, lifestyle, environment and stress management may be addressed throughout the consultation process.